

Privacy Policy

A Mindful Health Journey and Dr. Rosanna Grobbink, Naturopathic Doctor (the “Company”), and all Websites and products created within this company, is committed to protecting your privacy and ensuring that you have a positive experience on the Website and in using our products and services (collectively, “Products”). This policy covers all Products and Websites run by the Company.

This page informs you of your policies regarding the collection, use and disclosure of Personal Information we receive from users of the Sites and Products of the Company. We use your Personal Information only for providing and improving the Site. By using the Site, you agree to the collection and use of information in accordance with this policy.

This policy may be updated from time to time for reasons such as operational practice or regulatory changes, so we recommend that you review our Privacy Policy when returning to our Website.

What is considered personal information?

Personal information refers to information such as your name, address, email address, geographical location, purchase history, gender, credit card information and browsing habit on our site.

What information do we collect?

We collect information from you when you voluntarily submit information when you do any, or all, of the following: Register on the site, place register to attend a seminar or webinar, register for newsletter subscription, place an order, enter a content or promotion, respond to a survey or communication such as e-mail, or participate in another site feature.

When ordering or registering, we may ask you for your name, e-mail address, mailing address, phone number, credit card information or other information. You may however, visit our site anonymously.

Like many websites, we use cookies to enhance your experience and gather information about visitors and visits to our websites. Please refer to the do we use cookies section below for information about cookies and how we use them.

We May Process the Following Categories of Personal Data About You:

- **Communication Data** that include any communication that you send to us whether that be through email, text, social media messaging, social media posting or any other communication with you, for record keeping and for the establishment, pursuance of defence of legal claims. Our lawful ground for this processing is our legitimate interests which in this case are to reply to communications sent to us, to keep records and to establish, pursue and defend legal claims.
- **Customer Data** that includes data relating to any purchases of goods and/or services such as your name, title, billing address, delivery address email address, phone number, contact details, purchase details and your card details. We process this data to supply the goods and/or services you have purchased and to keep records of such transactions. Our lawful ground for this processing is the performance of a contract between you and us/or taking steps to your request to enter into such a contract.
- **User Data** that includes data about how you use our website and any online services together with any data that you post for publication on our website or through other online services. We process this data to operate our website and ensure relevant content is provided to you, to ensure the security of your website, to maintain back-ups of our website and/or databases and to enable publication and administration of our website, other online services and business. Our lawful ground for this processing is our legitimate interests which in this case are to enable us to properly administer our website and our business.
- **Technical Data** that includes data about your use of our website and online services such as your IP address, your login data, details about your browser, length of visit to pages on our website, page views and navigation paths, details about the number of times you use our website, time zone settings and other technology on the devices you use to access our website. The source of this data is from our analytics tracking system. We process this data to analyse your use of our website and other online services, to administer and protect our business and website, to deliver relevant website content and advertisements to you and to understand the effectiveness of our advertising. Our lawful ground for this processing is our legitimate interests which in this case are to enable us to properly administer our website and our business and to grow our business and to decide our marketing strategy.
- **Marketing Data** that includes data about your preferences in receiving marketing from us and our third parties and your communication preferences. We process this data to enable you to partake in our promotions such as sales offers, affiliate offers, free contests with give-aways, to deliver relevant website content and advertisements to you and measure or understand the effectiveness of this advertising. Our lawful ground for this processing is our legitimate interests which in this case are to study how

customers use our products/services, to develop them, to grow our business and to decide our marketing strategy.

- We may use Customer Data, User Data, Technical Data and Marketing Data to deliver relevant website content and advertisements to you (including Facebook advertisements or other display advertisements) and to measure or understand the effectiveness of the advertising we serve you. Our lawful ground for this processing is legitimate interests which is to grow our business. We may also use such data to send other marketing communications to you. Our lawful ground for this processing is either consent or legitimate interests (namely to grow our business).

Sensitive Data

We do not collect any Sensitive Data about you. Sensitive data refers to data that includes details about your race or ethnicity, religious or philosophical beliefs, sex life, sexual orientation, political opinions, trade union membership, information about your health and genetic and biometric data. We do not collect any information about criminal convictions and offences.

Marketing Communications

Our lawful ground of processing your personal data to send you marketing communications is either your consent or our legitimate interests (namely to grow our business).

Under the Privacy and Electronic Communications Regulations, we may send you marketing communications from us if (i) you made a purchase or asked for information from us about our goods or services or (ii) you agreed to receive marketing communications and in each case you have not opted out of receiving such communications since. Under these regulations, if you are a limited company, we may send you marketing emails without your consent. However you can still opt out of receiving marketing emails from us at any time.

You can ask us or third parties to stop sending you marketing messages at any time simply by unsubscribing from emails via the unsubscribe button which can be found at the bottom of each email or by sending support@amindfulhealhjourney.com an email with your request to stop receiving emails.

If you opt out of receiving marketing communications this opt-out does not apply to personal data provided as a result of other transactions, such as purchases, warranty registrations etc.

Disclosure of your personal Data:

We may have to share your personal data with the parties set out below:

- Service providers who provide IT and system administration services.
- Professional advisers including lawyers, bankers, auditors and insurers.
- Government bodies that require us to report processing activities.
- 3rd party technology platforms and advertisers that support the running and growth of the Company.

We require all third parties to whom we transfer your data to respect the security of your personal data and to treat it in accordance with the law. We only allow such third parties to process your personal data for specified purposes and in accordance with our instructions.

How do we use your Information?

We may use the information we collect from you when you register, purchase products, enter a contest or promotion, respond to a survey or marketing communication, surf the website, or use certain other site features in the following ways:

To personalize your site experience and to allow us to deliver the type of content and product offerings in which you are most interested.

To allow us to better service you in responding to your customer service requests. To quickly process your transactions.

To administer a contest, promotion, survey or other site feature.

If you have opted-in to receive our email newsletter, free challenges, a free ebook, or any other free downloads we will send you educational and marketing emails.

If you would no longer like to receive promotional email from us, please refer to the “How can you opt-out, remove or modify information you have provided to us?” section below.

If you have not opted-in to receive email newsletters, you will not receive these emails.

Visitors who register or participate in other site features such as marketing programs and ‘members-only’ content will be given a choice whether they would like to be on our email list and receive e-mail communications from us.

Data Security

We have put in place security measures to prevent your personal data from being accidentally lost, used, altered, disclosed, or accessed without authorization. We also allow access to your personal data only to those employees and partners who have a business and need to know such data. They will only process your personal data on our instructions and they must keep it confidential.

We have procedures in place to deal with any suspected personal data breach and will notify you and any applicable regulator of a breach if we are legally required to.

Data Retention

We will only retain your personal data for as long as necessary to fulfil the purposes we collected it for, including for the purposes of satisfying any legal, accounting, or reporting requirements.

When deciding what the correct time is to keep the data for we look at its amount, nature and sensitivity, potential risk of harm from unauthorised use or disclosure, the processing purposes, if these can be achieved by other means and legal requirements.

For tax purposes the law requires us to keep basic information about our customers (including Contact, Identity, Financial and Transaction Data) for seven years after they stop being customers.

In some circumstances we may anonymise your personal data for research or statistical purposes in which case we may use this information indefinitely without further notice to you.

Cookies

As you browse our Site and any other associated sites, advertising cookies will be placed on your computer so that we can understand what you are interested in. Cookies are files with small amounts of data, which may include an anonymous unique identifier. Cookies are sent to your browser from a website and stored on your computer's hard drive. To opt out of cookies, find and select the settings tab of your internet browser and click "block third party cookies and site data" or de-select the "accept cookies" box.

Ordering Product on Our Site

We will request information from you on our order forms for purchase of products. To buy from us, you must provide contact information (like name and shipping address) and financial information (like credit card number, expiration date). This

information is used for billing purposes and to fill your orders. If we have trouble processing an order, we'll use this information to contact you.

How do we Protect Visitor Information?

We implement a variety of security measures to maintain the safety of your personal information. Your personal information is contained behind secured networks and is only accessible by a limited number of persons who have special access rights to such systems, and are required to keep the information confidential. When you place orders or access your personal information, we offer the use of a secure server. All sensitive/credit information you supply is transmitted via Secure Socket Layer (SSL) technology and then encrypted into our databases to be only accessed as stated above.

Do we disclose the information we collect to outside parties?

We do not sell, trade, or otherwise transfer to outside parties your personally identifiable information unless we provide you with advance notice, except as described below. It does not include website hosting partners and other parties who assist us in operating our website, conducting our business, or servicing you, so long as those parties agree to keep this information confidential. We may also release your information when we believe release is appropriate to comply with the law, enforce our site policies, or protect ours or others' rights, property, or safety.

However, non-personally identifiable visitor information may be provided to other parties for marketing, advertising, or other uses.

How can your Opt-out, remove or modify information you have provided to us?

To modify your email subscriptions, you can find an unsubscribe link at the bottom of each email. Please note that due to email production schedules you may receive any emails already in production. Please note that we may maintain information about an individual sales transaction in order to service that transaction and for record keeping.

Third Party Links

In an attempt to provide you with increased value, we may include third party links on our site. These linked sites have separate and independent privacy policies. We, therefore, have no responsibility or liability for the content and activities of these linked sites. Nonetheless, we seek to protect the integrity of our site and welcome any feedback about these linked sites (including if a specific link does not work).

Your Access to and Control Over Information

You may opt out of any future contacts from us at any time. You can do the following at any time by contacting us via the email address given on our Website:

- See what data we have about you, if any.
- Change/correct any data we have about you.
- Have us delete any data we have about you.
- Express any concern you have about our use of your data.

Changes to our Policy

If we decide to change our privacy policy, we will post those changes on this page. Policy changes will apply only to information collected after the date of the change. This policy was last modified on June 5th, 2020.

Online Privacy Policy

This privacy policy refers only to information collected through our Websites, and does not apply to information collected in person at events, patient appointments or social media.

Your Consent

In using our site, you agree to our privacy policy.

Questions and Feedback

We welcome your questions, comments, and concerns about privacy. Please send us any and all feedback pertaining to privacy, or any other issue via email at: support@amindfulhealthjourney.com

Terms and Conditions

The Standard Terms And Conditions contained herein on this webpage, shall govern your use of this Website, including all pages within this Website (collectively referred to herein below as this “Website”) and The Digestive Freedom Method Facebook Community and Purchase of the Online Digestive Freedom Method Program including group coaching calls and one-to-one appointments (collectively referred to herein below as the “Program”). These Terms apply in full force and effect to your use of this Website and by using this Website and purchasing the Digestive Freedom Method Online program, you expressly accept all terms and conditions contained herein in full.

A Mindful Health Journey and Dr. Rosanna Grobbink, Naturopathic Doctor will herein be referred to as the “Company.”

All users of this Website and Program agree that access to and use of this site is subject to the following terms and conditions and other applicable law. If you do not agree to these terms and conditions, please do not use this site and/or program.

Program Elements

Online Program Access

All clients who purchase and enrol in the Digestive Freedom Method online program will gain access to the online program content, which will be referred to as the Content Hub. In order to gain access to the Content Hub, you will be given instructions on how to access this content in your welcome email. It is your responsibility to securely protect your username and password once your account is created. All measures based on the privacy policy above will apply to protecting your personal information collected when creating an account on the Content Hub. If you lose your username or password and can't access the content Hub please contact support@amindfulhealthjourney.com.

Any individual who purchases the Digestive Freedom Method Online Program and gains access to the Content Hub will have access to this information and any program upgrades for the duration of the program's existence. If Dr. Rosanna Grobbink, ND decides to close the Content Hub, you will no longer have access to the content. The only exception is those whose program purchase is less than 14 weeks from the time of closure. These individuals will be granted program access for 14 weeks after their enrollment date in the program which is defined as the date of purchase of the program.

Online Facebook Community

As an additional program feature you will have access to The Digestive Freedom Method Facebook Community. You are not obligated to join this group and joining this community is voluntary. By joining the community you are agreeing to the terms and conditions posted within the Facebook Community group. This community is for educational purposes, support, encouragement and to clarify any information provided within the Content Hub. Specific individual recommendations will not be provided in the Facebook Community group. These types of recommendations need to be confined to one-to-one appointments within the context of the doctor-patient relationship. Under no circumstances will you provide medical advice, product advice or engage in self-promotions. These posts will be removed immediately. Due to the nature of the group, full privacy from other members cannot be guaranteed and you join at your own risk and release all liability from Dr. Rosanna Grobbink, ND and the Company when you join. If you join the online community and decide you no longer wish to be a part of this community, you can simply leave the group using your personal Facebook Account or emailing support@amimdfulhealthjourney.com and providing your request in writing.

Upon completion of the Digestive Freedom Method which is 14 weeks from the date of your purchase date of the program, you will be removed from the Facebook Community by the Company and no longer be given access to this Online Community.

Group Coaching Calls

Weekly group coaching calls will be provided as part of the online program. Instructions on how to attend these calls and when these calls happen will be provided upon program purchase. These calls are not mandatory and are available to provide clarification about content provided in the Content Hub and to provide encouragement while completing the program. Specific individual recommendations will not be provided in the group coaching calls and these types of recommendations need to be confined to one-to-one appointments within the context of the doctor-patient relationship. The Company reserves the right to change the date and time of the weekly coaching calls or to cancel a weekly coaching call on occasion and will provide members with as much advance notice as possible. Due to the nature of the group coaching calls, full privacy from other members cannot be guaranteed and you join at your own risk and release all liability from the Company when you join. Upon completion of the Digestive Freedom Method which is 14 weeks from the date of program purchase, you will no longer have access to the Group Coaching Calls.

One-to-One Patient Appointment

Individuals who decide to purchase the online program and schedule one-to-one patient appointments (referred to as “patient appointments”) are entering into a doctor-patient relationship where individual medical advice can and will be provided. All patient appointments will be scheduled within Dr. Rosanna Grobbink’s, ND Electronic Medical Records and conducted using a secure HIPAA compliant video conference platform. Instructions on how to access the video conference platform will be provided upon scheduling the Initial Patient Appointment. During the patient appointment, Dr. Rosanna Grobbink, ND will conduct a thorough case history and recommend specific lab tests that may be required and used as part of the treatment work-up as deemed necessary after a comprehensive intake. Additionally individual dietary, lifestyle and supplement recommendations will be given as necessary and discussed in detail with the patient. Each patient is responsible to ensure they are obtaining an annual physical exam from their Medical Doctor or Nurse Practitioner and it is the patient responsibility to report any abnormal findings to Dr. Rosanna Grobbink, ND. During the course of treatment, if there are any changes in your medications or you become aware that you are pregnant, it is your responsibility to notify Dr. Rosanna Grobbink, ND, as soon as possible.

By entering into a doctor-patient relationship, you understand that a record will be kept of the health services provided to you. This record will be kept confidential and will not be released to others without your consent, unless required by law. You understand that you may look at your medical records at any time and may request a copy of it by paying the appropriate fee. You understand that Dr. Rosanna Grobbink, ND will answer any questions you have to the best of her ability. You understand that the results are not guaranteed. You do not expect Dr. Rosanna Grobbink, ND to be able to anticipate and explain all risks and complications. You will rely on her to exercise the best judgement in your best interests, based on the facts and findings then known. With this knowledge you voluntarily agree to the diagnosis and therapeutic treatments recommended. You understand that treatment advice will not be given over the phone or via email unless directly related to specifics discussed during a patient appointment.

Office Hours/Customer Service

Office hours are Mondays to Fridays from 9 am to 5 pm. Emails, messages and questions in the facebook group will be answered during this time. Please allow for 1 business day to receive a response through any of the program communication platforms. Any customer service questions can be sent to support@amindfulhealthjourney.com.

If customer service hours are different than those listed above or unavailable during that time frame, you will receive communications letting you know of these changes.

Payment

All payments incurred will be discussed with potential clients/patients before beginning the Digestive Freedom Method Online Program. This includes payment details for access to the Client Hub, fees for patient appointments and fees for any necessary supplements and lab tests.

Payment for the online Digestive Freedom Method Content Hub is subject to HST and will be due before a client is provided access to this content via the Content Hub. Payment plans for this purchase can be discussed on an individual basis. All one-to-one appointment fees are due at the time of the appointment and do not accrue HST. A credit card will be kept on file in a secure manner to easily provide payment for future appointments. One-to-one Naturopathic Doctor patient appointments may be eligible for coverage under your extended health benefits plan. It is your responsibility to contact your insurance provider to understand the details and specific coverage you may have. It is also your responsibility and to submit any claims to your insurance provider. Dr. Rosanna Grobbink, ND does not submit claims on your behalf. Electronic receipt of payment will be provided immediately after the service to allow for easy and timely submission to your service provider.

Financial Default Payments (applicable to payment plans only)

If you have selected the payment plan option during your purchase you are responsible to complete the payment plan. You cannot stop or cancel your payment plan, all payments in the payment plan must be paid in full.

If at any point you default on a payment you will be notified immediately. You will have 72-hours to rectify the default and bring your account back into good standing. If you fail to rectify the default within 72-hours of being notified your Digestive Freedom Method Content Hub access will be put on hold and you will be denied all access to The Digestive Freedom Method program content, Facebook Group, Group Coaching Calls and One-to-One Patient appointments until your account is brought back into good standing. Accounts that move past 75 days past due are sent to external collections to collect the full remaining price of the program.

Purchases

If you wish to purchase any product or service made available through the Website (“Purchase”), you may be asked to supply certain information relevant to your Purchase including, without limitation, your name, phone number, email address, physical address, credit card information and geographic location. Please view our Privacy Policy for more information on how we use your personal information.

Refund Policy

Digestive Freedom Method Online Program

If at any point in the first 30 days of access to the Digestive Freedom Method Online Program based on your date of purchase, you decide that the program isn’t for you, you can request a refund provided you have completed the first two modules of the Digestive Freedom Method and submit 14 days of a meal journal documenting foods consumed over a 14 day period in accordance with the Digestive Holiday Food List. You will be refunded the portion of the unused program.

Note that no refunds or termination of a payment plan will be accepted after the 30 day money back guarantee window and you are responsible to remit the full Digestive Freedom Method enrollment fee.

Patient appointments, lab tests and supplements

One-to-one patient appointments, lab tests and supplements are non-refundable.

How To Request For A Refund:

When you email support@amindfulhealthjourney.com to request a refund you must provide the following completed work in order for your refund to be accepted. A 14 day food journey that demonstrates you followed the Digestive Holiday Food List from module 2 along with your request for a refund.

If you request a refund without completing the food journal no refund will be given.

You will receive an email after your work is reviewed letting you know that your refund has been approved. Refunds are processed on the first and third Monday of the month.

Rescheduling, Cancellation and No Show

Our goal is to provide quality health care to all our patients in a timely manner. No-shows, late arrivals, and cancellations inconvenience not only your provider, but our other patients as well. Please be aware of our policy regarding missed appointments.

Rescheduling Appointments

When you book your appointment, you are holding a space on our calendar that is no longer available to our other patients. In order to be respectful of your fellow patients, please advise Dr. Rosanna Grobbink, ND as soon as you know you will not be able to make your appointment.

If rescheduling is necessary, we require that you provide at least 24 hour notice in advance. Appointments are in high demand, and your advanced notice will allow another patient access to that appointment time. If 24 hour notice is not provided the scheduled service fee will be billed as a missed appointment and this appointment will be forfeited for that part of the program.

Patients may reschedule an appointment once when giving appropriate notice. After that if the patient would like to reschedule again they will be required to keep the appointment and will be charged the appropriate full fee for the scheduled appointment.

Patients can reschedule via the online calendar following the instructions provided.

Late Cancellation/No Show

A cancellation is considered late when the appointment is cancelled less than 24 hours before the appointment time. A no-show is when a patient misses an appointment without cancelling or rescheduling. In either case, you will be charged the patient missed appointment fee. A no show or late cancellation will result in a full charge of the fee for the scheduled appointment.

Disclaimers

Medical Disclaimer

The content contained in the content hub, facebook community and group coaching calls, collectively referred to as the "Website," is for educational and information purposes. By following this information you are not engaging in a doctor-patient relationship and assume all responsibility for following this content at your own risk.

The information on the Website is not intended or implied to be a substitute for professional medical advice, diagnosis or treatment. All content, including text, graphics, images and information, contained on or available through this site is for educational information purposes only. The Company makes no representation and assumes no responsibility for the accuracy of information contained on or available through the site, and such information is subject to change without notice. You are encouraged to confirm any information obtained from or through this Website with other sources, and review all information regarding any medical condition or treatment within the context of a patient-doctor relation with Dr. Rosanna Grobbink, ND or another health practitioner. Never disregard professional medical advice or delay seeking medical treatment because of something you have read on or accessed through this Website.

Although care has been taken in preparing the information provided to you, we cannot be held responsible for any errors or omissions, and I accept no liability whatsoever for any loss or damage you may incur. Always seek medical advice relating to your specific circumstances as needed for any and all questions and concerns you now have, or may have in the future within the context of a doctor-patient relationship. You agree that the information on our Website is not medical advice or treatment.

The Company does not recommend, endorse or make any representation about the efficacy, appropriateness or suitability of any specific tests, products, procedures, treatments, services, opinions, health care providers or other information that may be contained on or available through this Website. The company is not responsible nor liable for any advice, course of treatment, diagnosis or any other information, services or products that you obtain through this site.

External (outbound) links to other websites or educational material (e.g. pdf's etc...) that are not explicitly created by the Company are followed at your own risk. Under no circumstances is the Company responsible for the claims of third party websites or educational providers.

If you wish to seek clarification on the above matters please don't hesitate to get in touch with us.

No Guarantees

The Company is here to support and assist you in reaching your own health goals, but your success depends primarily on your own effort, motivation, commitment and follow-through. The Company cannot predict and does not guarantee that you will attain a particular result, and you accept and understand that results differ for each individual. Each individual's results depend on his or her unique background, dedication, desire, motivation, actions, and numerous other factors. You fully agree that there are no guarantees as to the specific outcome or results you can expect from using the information you receive online through this Website, Facebook Community, Group Coaching Calls or one-to-one patient appointments.

Warranty Disclaimer

This site and the materials and products on this Website are provided "as is" and without warranties of any kind, whether express or implied. To the fullest extent permissible pursuant to applicable law, the Company, disclaims all warranties, express or implied, including, but not limited to, implied warranties of merchantability and fitness for a particular purpose and non-infringement. The Company does not represent or warrant that the functions contained in the Website will be uninterrupted or error-free, that the defects will be corrected, or that this Website or the server that makes the Website available are free of viruses or other harmful components. The Company does not make any warranties or representations regarding the use of the materials in this Website in terms of their correctness, accuracy, adequacy, usefulness, timeliness, reliability or otherwise. Some states do not permit limitations or exclusions on warranties, so the above limitations may not apply to you.

Limitation of Liability

The Company shall not be liable for any special or consequential damages that result from the use of, or the inability to use, the materials on this Website or the performance of the products, even if the Company, has been advised of the possibility of such damages. Applicable law may not allow the limitation of exclusion of liability or incidental or consequential damages, so the above limitation or exclusion may not apply to you.

Personal Responsibility

You aim to accurately represent the information provided to us on or through our Website. You acknowledge that you are participating voluntarily in using our Website and that you are solely and personally responsible for your choices, actions and results, now and in the future. You accept full responsibility for the consequences of your use, or non-use, of any information provided on or through this Website, and you agree to use your own judgment and due diligence before implementing any idea, suggestion or recommendation from our Website to your life or family.

Copyright

The entire content included in this Website including but not limited to text, graphics or code is copyrighted as a collective work under the Canadian and other copyright laws, and is the property of the Company. The collective work includes works that are licensed to The Company., ALL RIGHTS RESERVED. Permission is granted to electronically copy and print hard copy portions of this Website for the sole purpose of utilizing the program content.

You may display and, subject to any expressly stated restrictions or limitations relating to specific material, download or print portions of the material from the different areas of the Website solely for your own non-commercial use. Any other use, including but not limited to the reproduction, distribution, display or transmission of the content of this Website is strictly prohibited, unless authorized by the Company. You may not share your username and password under any circumstance with another person. You further agree not to change or delete any proprietary notices from materials downloaded from the Website.

Trademarks

All trademarks, service marks and trade names of The Digestive Freedom Method used on the Website are trademarks or registered trademarks of The Digestive Freedom Method.

Code of Conduct

You may not use The Digestive Freedom Method Content Hub or Facebook Community for any illegal or unauthorized purpose. In addition to the laws of the Province of Ontario, Canada, you also agree to comply with all local laws that apply to your use of the Website. You may not use the Website in any manner which could disable, overburden, damage, or impair the Website, or interfere with any other party's use and enjoyment of the Website. You agree that you are responsible for your own conduct and communications while using the Website and for any consequences of that use. You agree that when using the Website, you will not post or upload any inappropriate, promotional, defamatory, destructive, obscene, or

unlawful content; defame, abuse, harass, or otherwise violate the legal rights (such as rights of privacy and publicity) of others or upload dangerous or harmful files. The Company reserves the right to remove individuals from our Facebook community in instances of misconduct without a purchase refund.

Indemnification and Release of Claims

You hereby fully and completely hold harmless, indemnify and release the Company and any of its agents, consultants, affiliates, team members, joint venture partners, employees, shareholders, directors, staff, team members, or anyone otherwise affiliated with the business from any and all causes of action, allegations, suits, claims, damages, or demands whatsoever, in law or equity, that may arise in the past, present or future that is in any way related to our Website, Facebook Community, Group Coaching Calls or one-to-one patient appointments.

Errors and Omissions

Although every effort is made to ensure the accuracy of information shared on or through this Website, the information may inadvertently contain inaccuracies or typographical errors. You agree that the Company is not responsible for the views, opinions, or accuracy of facts referenced on or through the Website, or of those of any other individual or company affiliated with our business in any way. Because scientific, technology and health practices are constantly evolving, you agree that the Company is not responsible for the accuracy of our Website, or for any errors or omissions that may occur.

No Endorsement

References or links in our Website to the information, opinions, advice, programs, products or services of any other individual, business or entity does not constitute our formal endorsement. The Company is merely sharing information for your own self-help. The Company is not responsible for the Website content, blogs, e-mails, videos, social media, programs, products and/or services of any other person, business or entity that may be linked or referenced in our Website. Conversely, should our Website link appear in any other individuals, businesses or entities Website, program, product or services, it does not constitute our formal endorsement of them, their business or their Website either.

VARIATION

The Company shall have the right in its absolute discretion at any time and without notice to amend, remove or vary the services and/or any page of this Website.

COMPLAINTS

The Company offers support to our clients and a complaints handling procedure which we will use to try to resolve disputes when they first arise, with a solution that is mutually agreeable to both the client and the Company. Please let us know if you have any complaints or comments at support@mindfulhealthjourney.com.

Severability

If any provision of these Terms is found to be unenforceable or invalid under any applicable law, such unenforceability or invalidity shall not render these Terms unenforceable or invalid as a whole, and such provisions shall be deleted without affecting the remaining provisions herein.

Entire Agreement

These Terms, including any legal notices and disclaimers contained on this Website, constitute the entire agreement between the Company and you in relation to your use of this Website, and supersede all prior agreements and understandings with respect to the same.

By using our Website you are agreeing to all parts of the above Disclaimer. If you have any questions about this Disclaimer, please contact support@amindfulhealthjourney.com.

Changes to our Terms and Conditions

If we decide to change our terms and conditions, we will post those changes on this page. Terms and Conditions changes will apply only to information collected after the date of the change. This policy was last modified on June 5th, 2020.